

## Presenters



### Brenda Avadian

*Award-Winning Speaker,  
Author of 8 Books &  
Former Caregiver*

Brenda began full-time caregiving in 1996, three years after her mother died, and her father was showing signs of dementia. She served as a pioneering voice for caregivers while she and her husband cared for her father with Alzheimer's.

Brenda Avadian, MA, an award-winning speaker, became a national spokesperson for family and professional caregivers and an acclaimed author of eight books.



### Charlotte Deleste

*Founder of Gio's Garden &  
WISC-TV3 AM News Anchor*

Some people know her as the person who delivers their news to them every weekday morning. However, Charlotte's life revolves around her family. Her oldest son, Gio, was diagnosed with Lennox Gastaut Syndrome, a rare form of childhood epilepsy causing anywhere from 20-80+ seizures a day. After struggling to find proper respite care for her son, Charlotte was determined to find help for her family, as well as others with similar situations.

Gio's Garden is a center that provides an opportunity for children with special needs to work on therapeutic goals, while their families have the opportunity for a short break.

## Agenda

**8:30am Registration**

**9:00am Welcome**

Gary Bersell, KANDU Executive Director

**Am I a CAREGIVER?**

Brenda Avadian, MA, *The Caregiver's Voice*  
Humorous twists & turns along the road to  
Caregiving.

**10:15am Break - Visit Exhibitors**

**10:30am Can I SURVIVE as a CAREGIVER?**

Brenda Avadian, MA

*I need help! Continuum of Care Options  
such as Adult Day Care & Support Groups.  
Introduction to Types of Dementia,  
Diagnoses, & Research*

**11:30am LUNCH and KEYNOTE**

Charlotte Deleste, WISC-TV3 News Anchor  
*"What I did when I needed respite and couldn't  
get it."*

**12:30pm Finding the JOY in CAREGIVING**

Brenda Avadian, MA

*We have a choice to suffer or to find the JOY in  
Caregiving. Interactive session including TIPS  
for JOYFUL Caregiving.*

**1:30pm Break - Visit Exhibitors**

**1:45pm CareLIVING: I'm a Caregiver and  
I MATTER**

Brenda Avadian, MA

*Program Review; Caregiver Q&A; Two points  
to Remember; Evaluation & Action Plan*

**3:00pm Program Close**

*Depart feeling informed, inspired & ready to act.*

5 Continuing Education Clock Hours from  
Oakton Community College/Continuing  
Education for Health Professionals

## Registration

To register, complete the form below & mail to:

KANDU Industries, Inc.  
1741 Adel Street  
Janesville, WI 53546

You may also call (608) 755-4123 for  
additional information & to register over the  
phone.

### Registration Cost:

- \$50 with any item from Gio's Garden Wish List
- \$55 without

Visit [kanduindustries.com](http://kanduindustries.com) for a list of  
sponsorship opportunities & information  
regarding booth registration.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

**Check Enclosed**  
(payable to KANDU Industries)

**Visa/Mastercard**

Amount: \$ \_\_\_\_\_

Card #: \_\_\_\_\_

Exp. Date: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Verification Code: \_\_\_\_\_

Signature: \_\_\_\_\_